



Honey Roasted Carrots

Heat oven to **350 degrees**

Clean carrots and slice **1lb carrots.**

Toss in **1/4 cup oil** (olive, avocado, or veggie).

Drizzle **1/4 cup honey** evenly over carrots

Season with salt, pepper, minced garlic, and herbs (try thyme or cutting celery) to taste.

Roast for 20-40 min (depending on carrot size) or until carrots are cooked through.

